



•YORK• FRIDAY, MAY 10, 2024



For kids 8-13 years old & Special Olympics Participants 8 and over

- **TIME:** 4:00pm – 7:30pm approximately. (check-in will begin at 3:30pm)
- **REGISTRATION INFORMATION:** This event is free; however, participants need to **pre-register by completing the form below by Sunday, May 5th**. Please deliver or mail the registration form to York Community Center: 211 E 7th Street, York Ne. 68467. Call 402-363-2630 or email mstuhr@cityofyork.net for more information.
- **MEET LOCATION:** Yowell Track, York High School 1005 Duke Dr. York, NE 68467
- **AWARDS:** Ribbons will be awarded to the top four finishers in each event.
- **CHAMPIONSHIP MEET:** 1st-4th place finishers from each local meet will advance to compete at the Central Nebraska Youth Track & Field Meet Championship. (*Special Olympics participants do not advance to the Championship Meet*). The Championship will rotate amongst the five cities from year to year. The 2024 Championship Meet will be held in North Platte, NE on Saturday, June 8th.
- **COORDINATION:** This event is coordinated by York Parks and Recreation and the York High School Track Team.
- **LOCAL MEET WEBSITES:** Visit www.ci.north-platte.ne.us, www.grand-island.com, www.cityofkearney.org, www.yorkparksandrec.com and www.cityofhastings.org, for information regarding other Nebraska Youth Track & Field Nebraska Meets.

A RECREATIONAL TRACK & FIELD MEET FOR KIDS FROM CENTRAL NEBRASKA!

Cut here and save top portion for your information.



2024 Central Nebraska Youth Track & Field Meet York Entry Form

PLEASE PRINT CLEARLY (This form and waiver on back must be entirely completed to be eligible)

NAME (Last)	(First)	(Middle Initial)	Boy	Girl
ADDRESS (Street)	(City)	(Zip Code)		
Day Phone Number	Date of Birth	Age as of 12/31/24	School Currently Attending	

IMPORTANT – Participants can enter up to four events using either of the following combinations: two (2) dash/run events, one (1) track relay and one (1) field event, OR one (1) dash/run event, one (1) track relay and two (2) field events. Special Olympics Participants may enter up to three (3) running events and one (1) field event OR four (4) running events. Please circle the events you wish to participate under the correct age group. Relay team members do not have to be in the same age group, but will compete in the division of the oldest person. Relay teams must be of the same gender; however, Special Olympic relay teams may be coed.

Register according to your age as of December 31, 2024

<u>8-9 year olds (DOB 2015-2016)</u>	<u>10-11 year olds (DOB 2013-2014)</u>	<u>12-13 year olds (DOB 2011-2012)</u>	<u>Special Olympics (DOB 2016 or before)</u>
1. 50 Meter Dash	1. 100 Meter Dash	1. 100 Meter Dash	1. 50 Meter Dash
2. 100 Meter Dash	2. 200 Meter Dash	2. 200 Meter Dash	2. 100 Meter Dash
3. 200 Meter Dash	3. 400 Meter Dash	3. 800 Meter Run	3. 200 Meter Dash
4. 400 Meter Dash	4. 800 Meter Run	4. 1600 Meter Run	4. 400 Meter Run
5. *4x100 Meter Relay	5. *4x100 Meter Relay	5. *4x100 Meter Relay	5. *4x100 Meter Relay
6. Standing Long Jump (Field)	6. Standing Long Jump (Field)	6. Running Long Jump (Field)	6. Softball throw (Field)
7. Softball Throw (Field)	7. Softball Throw (Field)	7. Softball Throw (Field)	

* **Relay Team**–List names of your team. Must have four entrants. Must register by oldest member of the team.

1. _____	3. _____
2. _____	4. _____

Please complete waiver on the back of this form.

ORDER OF EVENTS

1. Girls & Special Olympics Softball Throw
Boys Standing Long Jump
2. Boys & Special Olympic Softball Throw
Girls Standing Long Jump
3. Boys & Girls 1600 Meter Run
4. Boys, Girls & Special Olympic 400 Meter Dash
5. Boys, Girls & Special Olympic 50 Meter Dash
6. Boys, Girls & Special Olympic 100 Meter Dash
7. Boys & Girls 800 Meter Dash
8. Boys, Girls & Special Olympic 200 Meter Dash
9. Boys & Girls 4x100 Meter Relay



REGULATIONS:

- All participants must compete in their correct age group and gender division.
- Use of track shoes with or without spikes is not permitted. Turf shoes with rubber cleats are also not permitted. Rubber-soled shoes are allowed. No starting blocks will be used. Relay batons will be provided.
- Competitors may only participate in one local qualifying meet (Grand Island, Hastings, Kearney, North Platte and York).
- Special Olympics may be split into age division if numbers dictate.

2024 Waiver Release Form



Emergency Information:

Name of Parent or Guardian

Phone #

The named participant and the participant's parent/guardian have requested registration of the participant in the Central Nebraska Youth Track & Field Meet. In consideration of such registration, the right of the participant to compete in the Central Nebraska Youth Track & Field Meet and the use by the participant of the sponsoring agency's facilities and equipment, both participant and the parent /guardian each acknowledge that the participant will be competing in the Central Nebraska Youth Track & Field Meet and sponsoring agency's facilities at the participant's sole risk and the participant on his or her own behalf and on behalf of his or her heirs executors, administrators and assigns hereby release, discharge and agree to hold harmless the City of Kearney, City of Grand Island, City of Hastings, City of York, City of North Platte, and York Public Schools. We also agree to allow the Recreation Departments to use and reproduce the participant's name and/or likeness and/or information concerning the participant and to circulate the same for any and all purposes in any manner. We certify that the information on this participation form is correct.

Signature of Parent or Guardian

E-mail address

IMPORTANT

****In order for the participant to be officially registered, the entry form must be completely entirely, the waiver must be signed by a parent or guardian, by Sunday, May 5th.**